



## Waste Free Packed Lunch Challenge

Calling all Brockhole School Groups. We have a challenge for you! When visiting our site we challenge you to **bring a reduced waste** or even **waste free packed lunch**.

All through the spring and summer terms young minds are being expanded as they take part in memorable activities in our grounds. Most groups visiting us bring a packed lunch. This, in turn, creates monumental amounts of waste being piled into our bins – including plastics, paper, glass, food, cans and foil.

As a site, we want to do our bit for our amazing planet, not just here at Brockhole, but more widely. We really need your help to reduce the amount of rubbish that goes to landfill in our region. So we are asking that you try our **waste free packed lunch challenge**!

### Here are some suggestions:

1. **Water bottles** – Instead of bringing boxes of one use water bottles, why not bring your reusable school bottles.
2. **Fruit** – Every group that visits us throws away huge amounts of fruit that is perfectly good to eat. How about bringing a box of fruit rather than putting an item in each child's packed lunch and then those who would like some can take it and the rest can go back to school.
3. **Bags** – Using paper bags or reusable packed lunch bags is much better for the environment, especially on windy days when the bags don't always end up in the bin!
4. **Treats** – A slice of homemade cake is the perfect treat for a packed lunch on a day out at Brockhole and it has no wrapper therefore no waste!
5. **Yoghurts** – Bring stainless steel spoons from school for your yoghurts, pop them in a bag at the end and take them back to school to be washed and reused.
6. **Food Waste** – Apply the same rule at Brockhole that you would in the mountains: anything you don't fancy eating at lunchtime, keep it in your bag and take it home.

### Completing the challenge

All schools completing the "waste free" challenge this year we would love your photos and with your permission we would like to share the photos of your successful mission to inspire other visiting groups!

For further information contact the Brockhole Learning Team on 015394 40275 or [BrockholeLearning@lakedistrict.gov.uk](mailto:BrockholeLearning@lakedistrict.gov.uk)