



R.B.1
16
MINISTRY OF
FOOD
1943-1944

Serial no.
LDNP 396790

**Record Book
of
Food Eaten**

SurnameInitials

Address

.....

.....

**IF FOUND
RETURN
TO
ANY FOOD
OFFICE**

**F.O. CODE
NO
LD-NP
4**



Supported by
The National Lottery[®]
through the Heritage Lottery Fund



Date: _____ Monday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Tuesday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Wednesday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Thursday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Friday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Saturday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Date: _____ Sunday

Meals during the Day	Food eaten	Quantity and Packet size.
Breakfast		
Snacks		
Lunch		
snacks		
Evening Meal		
Snacks		

Summary of food eaten
during the week.

Item categories	Total amount eaten. (Number of packets, weight or number of items.	
Fruit		
Crisps		
Meats (Chicken, pork, Turkey etc.) Fish		
Vegetables		
Sweets		
Other;		



A Lake District National Park
Authority Project

