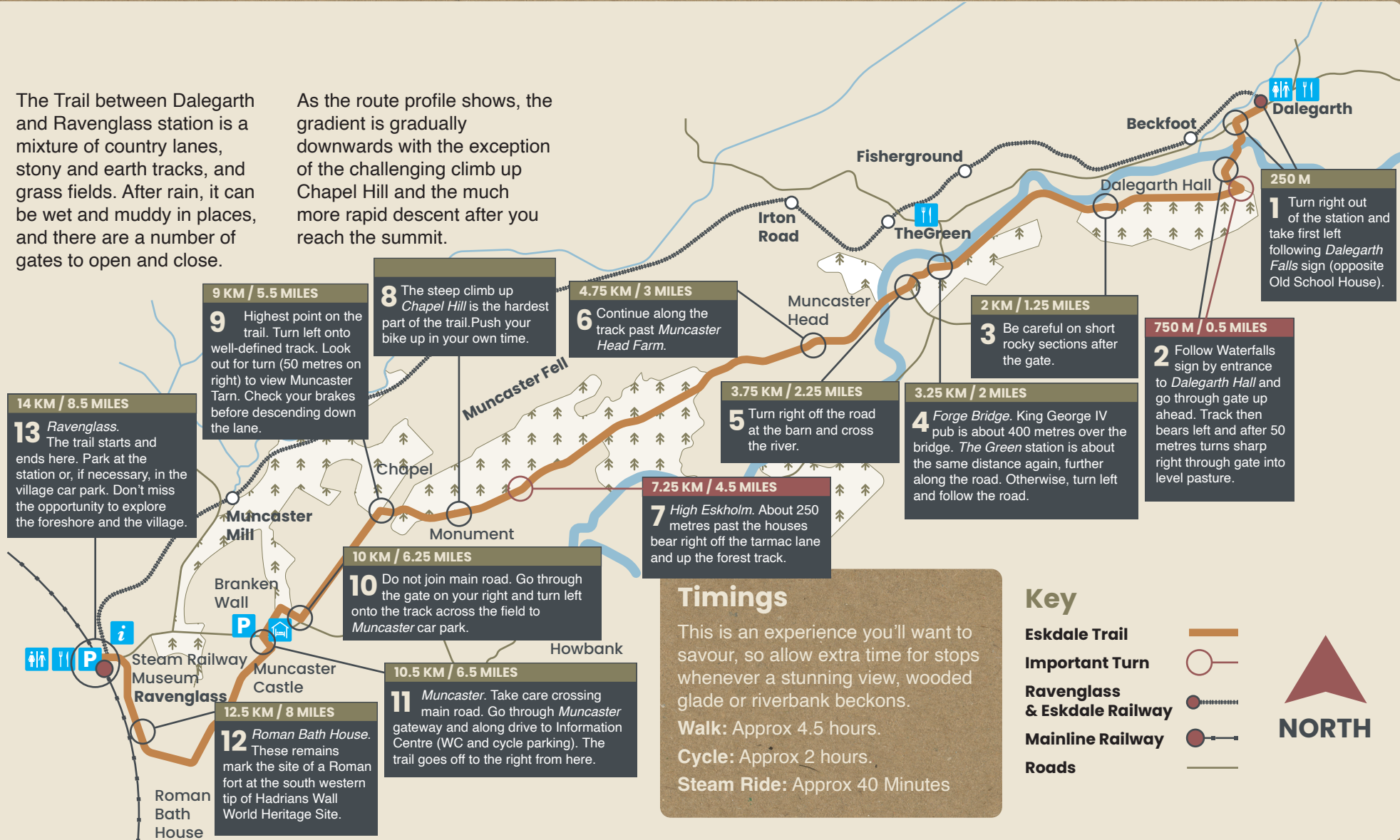


# Eskdale Trail

The Trail between Dalegarth and Ravenglass station is a mixture of country lanes, stony and earth tracks, and grass fields. After rain, it can be wet and muddy in places, and there are a number of gates to open and close.

As the route profile shows, the gradient is gradually downwards with the exception of the challenging climb up Chapel Hill and the much more rapid descent after you reach the summit.



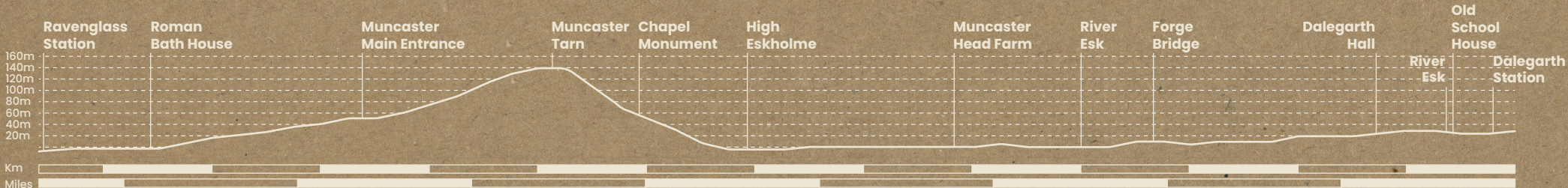
**Timings**  
 This is an experience you'll want to savour, so allow extra time for stops whenever a stunning view, wooded glade or riverbank beckons.  
**Walk:** Approx 4.5 hours.  
**Cycle:** Approx 2 hours.  
**Steam Ride:** Approx 40 Minutes

**Key**

- Eskdale Trail
- Important Turn
- Ravenglass & Eskdale Railway
- Mainline Railway
- Roads

**NORTH**

## Route Profile



## All Routes Lead To Ravenglass



### By Rail:

Trains regularly call at Ravenglass station (hourly on Sundays) and two bikes can be carried (not reservable in advance).

For fare and timetable information call National Rail Enquiries - **08457 484950**

### By Road:

- From the south and M6 (Junction 36) follow the red route.
- From the Northern Lake District, Keswick and Carlisle follow the orange route.
- From Central Lake District and Ambleside follow the green route.

### By Bus:

Buses regularly call at Ravenglass but bikes cannot be carried.

For more information call traveline - **0870 608 2608**

For accommodation information visit:

[www.gocumbria.co.uk](http://www.gocumbria.co.uk)

Take your bike for a nostalgic journey by steam train from Ravenglass to Dalegarth... then pedal the return journey at your own pace along the quiet lanes and bridleways of glorious Eskdale, taking in the magic of Muncaster along the way.

## Enjoy Off Road Cycling

- Please keep to the trail, to bridleways and to byways
- Brake smoothly and progressively to avoid surface damage
- Give fair warning when approaching others
- Give way to horses and slow right down for walkers
- Avoid bunching up and disturbing others when riding in a group
- Take special care on country roads

## Remember that the countryside is the farmer's workplace... please respect it

- Fasten all gates that open
- Leave livestock, crops and machinery alone
- Take your litter home
- Guard against all risk of fire
- Help to keep all water clean
- Make no unnecessary noise
- Protect wildlife, plants and trees



Lakelands Loveliest Valley

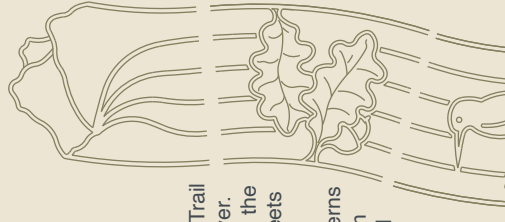
## Enjoy With Family

## Discover the etchings and create your own pattern

Throughout the trail are a variety of Eskdale Trail signs with different etchings for you to discover. As you walk through the trail, find and record the etching by rubbing them onto your paper sheets using the crayon provided in the pack.

When you get home, piece together the patterns in whichever creative way you like, stick them together and keep them in your Eskdale Trail wallet as a keepsake!

Be sure to share your patterns with us on social media!



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